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Two proven preschool programs

- **Bounce and Sing** for children aged 1-3 years
- **Sing and Play** for children aged 3-5 years

40



Forty lesson plans– enough to keep your children learning for four years.

**Bounce and Sing**

1. We Play Music
2. Sun Moon Star
3. Up High in the Sky
4. In My Boat
5. Hot Cross Buns
6. My Hands and Fingers
7. Let's Go Out
8. In the Big Bed
9. Baa! Moo! Oink!
10. Thunder Wind Rain
11. Up and Down
12. To Market To Market
13. Animal Antics
14. The Marvellous Man
15. Rig-a-jig
16. Little Green Frog
17. Alive Outside
18. Teddy Bear
19. Hide and Seek
20. Christmas Tree

**Sing and Play**

1. Beautiful Farm
2. Cooks in the Kitchen
3. Surprise! Surprise!
4. Over the Sea
5. Holiday Fun
6. My Body
7. Shoo Fly Shoo!
8. In My Heart
9. Be Kind to Animals
10. Candle Burning Bright
11. New Games to Play
12. Uh-oh!
13. Birds and Animals
14. Fun and Adventure
15. Are You Sleeping?
16. All Kinds of Animals
17. Brave and Clever
18. On the Move
19. Christmas is Coming
20. Christmas is Here



Eighteen different kinds of activity

18



Social conventions  
 Body Percussion  
 Bounces  
 Circle Dances  
 Drama and Movement  
 Drama and Movement – Horse Riding

Finger Plays  
 Games and Dances  
 Games and Ticks  
 Instrument (single)  
 Lullabies  
 Melody and Harmony Instruments  
 Memory Songs

Mimicry  
 Nursery Rhymes  
 Rhythm Instruments (1-3)  
 Rhythm Instruments (3-5)  
 Story Songs

358

Three hundred and fifty-eight unique song titles